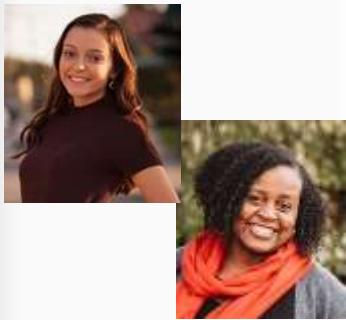




Mar / Apr 2020
Vol 16 Issue 2



**Congratulations to our
Employees of the Month:**

Julia Greene (December)

Ashley Pratt (January)



Follow Us!



260.483.1415

www.spiecefitness.com

News Flash

Referral Madness

Did you know that over 65% of our new members come for our current members? We appreciate you encouraging your friends to join the Spiece family and Get More Out of Life!! In March and April when you refer your friends you get **DOUBLE the REFERRAL Incentive** – **\$50 in Spiece Bucks!** So tell refer friends the sooner the better, since our March Special rewards them for joining early in the month!



BEAT THE CLOCK
March Membership Special

Don't wait
another second
to feel great
and save!

Time for a change?

Enrollment fee is the day of the month x 2 in March.

Example: Mar. 5th (5 x 2) = \$10 E-fee
Standard e-fee is \$60

Welcome Trainer

Katelyn Wieland is a graduate from the University of Saint Francis where she obtained her degrees in Exercise Science and Nutrition. Katelyn has worked in the fitness industry since 2016 and has been a trainer for Fort Wayne's Smallest Winner since that time. She has experience with weight loss, sports performance, bodybuilding, and general fitness. Katelyn loves working with all age ranges and all fitness levels. To inquire about training with any one of our Trainers (Katelyn, DJ or Derek) call 260.483.1415 or email info@spiecefitness.com.



Did You Know?

March is National Nutrition Month! Schedule a Free session with St Francis Senior Students and Registered Dietitians at the Front Desk (Select dates in March only).



Star of the Month



December
**Kevin
Roberts**

January
**Amanda
Ray**



Build A Better You!

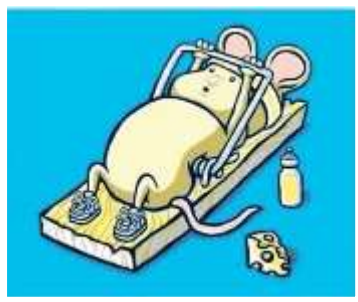
We've been through a lot together and we thank you for your loyalty! Now that our new Landlord is in place and a new and improved Spiece Fitness is underway, our new Tagline is official:



Build A Better You!

Other Taglines may still used: Stronger Together Since 2001 & Get More...

Laughter is Medicine



**What doesn't kill you,
makes you stronger**

Kids Night Out (KNO)

KNO is 3/13 and 4/10 Sign up at the front desk! We have a bucket in KZ for a drawing every month for a chance to win 1 free KNO. *Last Month KNO winner is: Juan Navarro*



Fitness Goals 2020

A 2020 Goals Chalk Board will be installed on the weight room wall (near scale) this month. Members are encouraged to write your fitness goals on the board and to encourage others as they work toward theirs.



Reminder to "Spring Forward" to daylight savings time on **March 8th**

**Your 2020
Goals Here**