

Mar / Apr 2021  
Vol 17 Issue 2

**Congratulations  
to our  
Employees  
of the Month**



**Hannah Picotte**  
December



**Michael Gallogly**  
January



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# NEWS FLASH

## Pardon Our Dust!

Spring is in the Air! Or is that construction dust? The exciting changes in the works will come with some short-term growing pains, but they'll be worth it. As our members already know, that's what fitness and change are all about! Here's what to expect...



In the next few weeks they'll start working on the front hall restroom improvements. During that time we'll share our Locker Rooms with others using the facility. This will be temporary and a good opportunity to promote our Gym! When those are ready they'll start working on the Locker Rooms and finishing up the new Fitness space.

We'll have to close a portion of the track for 8-12 weeks to separate the areas. This will keep out debris and reduce the dust and sound during both the Fitness and Adrenaline build out. 2/3 of the track will be open and remember that the courts are available for walking and running during the day.

Here's the tough part... All Locker Rooms including showers and saunas will be closed for approximately 6-8 weeks. We'll have use of the upgraded front restrooms for basic needs but there will be no shower option during this time. We don't have exact dates yet but will be given a week or two's notice for each section. We'll announce those dates on our website, social media, in-house flyers, text and email messaging to keep you informed. Do we have your current mobile number and email?

Once our space is ready we'll move in with fresh Locker Rooms, more windows, a new look but the same open and spacious feel, and our own entrance! At that time they'll start working on Adrenaline Adventure Park, refinishing the courts, adding turf, additional restrooms courtside, and an improved café!

If you have questions feel free to ask or email us at [info@spiecefitness.com](mailto:info@spiecefitness.com). We may not have all the answers yet, but we'll keep you informed as we do. As always, thank you for being the Best Members Ever and for your support and patience as we grow!

## March Referral Special

**Help your Gym-Help your friend!** Refer a friend in March and we'll cover your April Dues! We're also covering half the enrollment fee when they join.

**REFER A FRIEND**  
AND BE REWARDED.

## Star of the Month



**Amy Jo Sites**  
December



**Chris Strasser**  
January

## Laughter is Medicine



Reminder to "Spring Forward" to daylight savings time on March 14<sup>th</sup>

## Did You Know?

You should have protein within 30 min. of a workout. Stop by the Epic Cafe for freshly made protein shake. If you just need a grab-n-go we have Premier and Organic pre-made Protein shakes as well.



## Access Your Account

Did you know you can view and make changes to your member account? View check-ins, access your billing, and update your contact information any time!

Go to <http://www.ourclublogin.com/510447> and use your membership barcode number as both your starting User name and Password. Once you log in you'll be asked to change your user name and password. Check it out!

You can do the following in Empower ME:

- Manage Profile (change basic info)
- Pay Balance
- Manage Payment Methods
- Manage Family add-ons
- Account History (invoices / on-account charges)
- Check-in History

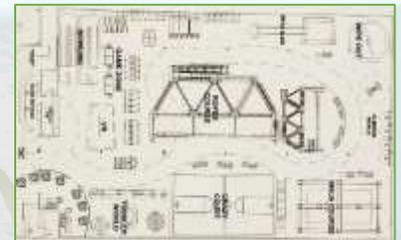


## Kids Zone

Kids zone won't be available beginning **March 15<sup>th</sup>** but we'll have several options for toddlers and up when Adrenaline Adventure Park is ready!

Check out the Adrenaline Adventure Park in Fishers, IN to see some of adventures they will have to offer.

<https://adrenalinefishers.com/>



## Charging "On Account"

Account credit will no longer be available after March 31<sup>st</sup>. The same convenience is offered when you have a card on file that can be processed daily. Even if you already do monthly billing, we'll still need your "card on file" authorization. Just ask us at the Front Desk or email us at [info@spiecefitness.com](mailto:info@spiecefitness.com) to set that up.



## NEW Spinning Bikes

SPINNING® - Take a 45 minute cycling journey with us. All fitness levels are welcome to experience this class. Be sure to arrive about 5 minutes early for your first ride so your bike can be custom fit to your body. Water is mandatory! Heart rate monitors are recommended. Each ride is specifically designed to target endurance, strength or intervals. (All fitness levels)

